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Single Parent Parenting in Early Childhood Social and Emotional Development.

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Abstract

This research aims to analyze single parent parenting on the social and emotional development of early childhood through a systematic literature review method. Children need a process to develop, every child's development requires support from the environment around them. The first environment that influences children is the family. Parents play a role in the growth and development of their children. Parents are the first people to provide care and education to children. If parents divorce, it will affect their social and emotional development. The systematic literature review method was used to collect and analyze findings from previous research relevant to this topic. This research will provide an overview of single parent parenting on the social and emotional development of early childhood. The results of this research show that parenting carried out by single parents by inviting children to discuss, tell each other stories and express their opinions is a way for parents, both mothers and fathers, to continue to provide care, provide love and time for children amidst the limited presence of complete parents and there is good communication between father and mother and children so that children do not feel abandoned due to divorce.

Keywords: parenting; single parent; children's social development, children's emotional development

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1.Introduction

Children need a process to develop. Every child's development requires support from the environment around him. The first environment that influences children is the family. Parents play a role in the growth and development of their children. Parents become mirrors that children, namely their father and mother, can see and imitate (Irhas, 2023).

Parents are the first people to teach children about the basics of life, such as manners, socializing and interacting with peers, as well as instilling character in children (Julia et al., 2019). Parental care plays a very important role in growth and development. child. Parenting is the best way that parents can do in educating their children as an embodiment of a sense of responsibility towards their children so that parents' treatment of children provides excellent justice in their development process. Every parent hopes that their child will be a well-behaved child, therefore in their development children must be given good care from an early age. This is because the first education a child receives is education from their parents (Iswianto, 2017)

An ideal family usually consists of a complete family with a father and mother so that children can optimize their development, because parents can work together in educating and caring for children. This is because parents are the first object of children's learning. However, this condition cannot always be realized due to several factors. According to Brooks (in Purwati et al., 2020), several factors cause families to be less than ideal, including 1) divorce; 2) death; 3) parents are not married; 4) parents who work far away. Several factors cause children to be raised by only one parent, which is usually called a single parent family.

Based on the problems above, divorce is one of the main factors causing the number of single parents. Single parent parenting can have an impact on changing roles and the workload that must be borne in caring for children. Single parent parenting will have an impact on the child's social and emotional impact. Therefore, this research aims to analyze how single parent parenting affects the social and emotional development of early childhood, analyze the impact on children's social emotional development and analyze how communication is provided by fathers and mothers so that children do not feel abandoned due to divorce.

2. Literature Review

2.1 Parenting

Parenting is a behavior based on conditions related to warm, sensitive, reciprocal and accepting conditions carried out by parents towards children (Anisah, in (Batula et al., 2023). Parenting is the work and skills of people parents in caring for children. Parents teach, educate and guide children in being responsible for everything they do. Parents are present as family for children to always support them in carrying out good activities to support their development (Kertamuda, 2020)

2.2 Social emotional development

Children own a number of aspect development, wrong the only one is aspect socialemotional. Development social emotional is a learning process adapt self For understand circumstances as well as feeling when interact with people in the environment both parents, siblings, friends peer in life daily. Learning process social emotional done with listen, observe And copy the things he saw . Development social emotional tightly connection with interaction , good with fellow or objects other . If the interaction No OK, then growth And development child become not optimal. (Maria & Amalia , 2018)

3. Method

The research method used is Systematic Literature Review. This research aims to collect and analyze findings from previous research regarding single parent parenting on the social and emotional development of early childhood. In this Systematic Literature Review method, researchers identify literature sources that are relevant to the research topic. This involved a comprehensive search using related keywords such as "parenting," "single parent," and "child social and emotional development" to identify relevant studies. In this research, the literature that will be taken focuses on how single parent parenting influences the social and emotional development of early childhood. Next, after identifying relevant research, the Systematic Literature Review method will involve evaluating and analyzing the literature. The literature sources used come from journals found on Google Scholar for the last 10 years from 2014-2024. After the search process using predetermined keywords, 20 selected journals were collected. In order to check the validity of the data, a synthesis of each article was carried out into an analysis table containing the title, author's name, year of publication, research location, number of subjects/informants, type of research, research instruments used and research results that were summarized by the researcher.

4. Results

Based on a systematic literature review analysis conducted on 20 journals, the following researchers present in table form regarding single parent parenting on the social emotional development of early childhood.

Table 1. Results of analysis of 20 journal articles

N	Title, author	Research	Numb	Research	Research	Research
0	and year of	sites	er of	design	Instrument	result
	publication		subject			
			S			
1.	The influence of	Not	1 pair	Qualitative	Descriptive	Divorce has
	parental divorce	mentioned		Research	data consists	an impact on
	on children's				of people's	children's
	psychology,				written or	psychology.
	Uswatun				spoken	Children will
	Hasanah, 2020.				words and	lose love,
					observable	attention and
					behavior	feel
						uncomfortab
						le when their
						father brings
						another

						woman who
						is not their
						mother.
2.	The influence of	Pondok	2	Qualitative	Observation	There are
	divorce on the	Perasi	childre	Research	s and	differences
	social emotional	Ampenan	n who		interviews	in mother
	development of	Village,	are			and father's
	children aged 4-	Mataram	raised			single parent
	5 years, Naja	City	by the			care for
	Fariha, Muazar		father			children's
	Habibbi,		and 2			social
	Nurhasanah, Ika		childre			emotional
	Rachmayani,		n who			development
	2023		are			, namely the
			cared			child's lack
			for by			of self-
			the			awareness in
			mother.			having a
						sense of
						responsibilit
						y and not
						having a
						prosocial
						attitude due
						to a lack of
						complete
						parental
						care.
3.	Single parent	Sekarbela	2 boys	Descriptive	Case study	Single parent
	care in the social	Mataram	and 2	Qualitative		care in the
	emotional	City	girls	Research		social
	development of					emotional
	children aged 5-					development
	6 years, Nia					of children
	Kartila, I Wayan					aged 5-6
	Karta, Ika					years looks
	Rachmayani,					quite good
	Muazar Habibi,					even though
	2022.					the child
						loses the role
						of one of his
						family
						members,

						the child is able to develop well, be independent, able to play alone without being accompanied by parents.
4.	Early childhood character education in single parent families, Rahayu Dwi Utami, Rita Nofianti, Dora Febriana, 2023.	Klambir V Village, Hamparan Perak District, Deli Serdang Regency	Childre n, teacher s and single parents .	Qualitative Research	Primary Data and Secondary Data	Children are taught character education through daily habits even though they are in a family environment with incomplete parents.
5.	Analysis of single mother parenting, Azizah Alifia Salsabila, Nurfi Laili, 2022.	Taman District, Sidoarjo Regency.	Single mother	Case Study Qualitative Research	Interview	Single mothers provide care in a democratic pattern to their children. Children are taught to be independent and responsible.
6.	Family communication model for single parents in caring for toddlers, Afrina Sari,	Central Kaliabang District, North Bekasi	Single parent	Qualitative descriptive analysis	Deep interview	Single parents carry out verbal and non-verbal communicati

	2015.					on. Single
	2013.					parents will
						communicat
						e by
						teaching
						discipline,
						independenc
						e and
						hugging
						children
						when they
						feel
						uncomfortab
						le. This
						communicati
						on shows the
						child's
						attitude to
						behave
						independentl
						y and obey
						his parents.
7.	The influence of	Kadu	20	Ex-Post-Facto	Questionnai	There is a
	single parent	Jangkung	single	Quantitative	re	significant
	parenting on the	Village,	parents	Research		influence of
	social emotional	District.	1			parental
	abilities of	Mekar				parenting on
	children aged 5-	Jaya,				children's
	6 years, Rd.	Pandeglan				social
	Syifa Nafi'ah,	g-Banten				emotional
	Siti Khosiah,	0				abilities.
	Kristiana					
	Maryani, 2023.					
8.	Deviations in	Mataram	10	Qualitative	Observation	Most
-	Children's	City	subject	Research		children who
	Social-		s raised			are raised by
	Emotional		by			single
	Behavior in the		single			parents
	Care of Single		parents			experience
	Parent Divorce		parents			deviations in
	Victims, Ni					social emotional
1	MOMON Parmini	I		İ	Ĩ	emononal
	Wayan Rasmini, 2023.					behavior

						such as low
						understandin
						g of
						discipline,
						tolerance,
						and low
						levels of
						responsibilit
						y and respect
						for other
						people. Not
						yet able to
						share with
						friends, not
						yet
						enthusiastic
						about
						competence.
						Children's
						social-
						emotional
						behavior will
						grow and
						develop
						normally
						through
						parental care
						in an intact
						family, so
						that there is
						no dual role
						for one
L						parent.
9.	The Role of	Not	3	Qualitative	Observation	Parents who
	Protective	mentioned	childre	Research	, interviews	provide
	Factors from		n		and	protective
	Divorced				documentati	factors to
	Parents on				on	their
	Children's					children will
	Emotional					have a
	Development,					positive
	Wulan Eldasari					impact on
	and Raden					the child's
	and Radon					and difficult

	Rachmy Diana,					emotional
	2024.					development
						compared to
						parents who
						do not
						provide
						protective
						factors to
						their
						children.
						Children
						who are not
						given
						protective
						factors tend
						to have
						mental
						disorders
						and digestive
						problems
						due to stress
10	The Influence of	Tarbiyatul	28	Quantitative	Digital	Parenting
10	Parenting	Athfal	parents	Research	Questionnai	patterns that
•	Patterns on the	Kindergart	parents	Rescaren	re: Google	influence
	Social and	en, Garut			form	children's
	Emotional	cn, Garat			TOTHI	social
	Development of					emotional
	Children Aged					development
	4-6 Years, Sri					are
	Mulyeni, Jajang					dominated
	Sutisna, Elis					by
	Ratna Suminar,					democratic
	Herlina Herlina,					and
	2023.					authoritarian
						parenting
						patterns.
						Through this
						parenting
						style,
						children
						have an
						independent
						attitude.
1			l	1	1	amado.

11	Social and	_	_	Study of	-	The
	emotional			literature		development
	development of					of social
	early childhood,					emotions is
	Nazia Nuril					determined
	Fuadia, 2022.					by two
	ŕ					factors,
						namely
						internal
						factors,
						namely
						human
						innateness
						(humanistic
						theory) and
						external
						factors,
						namely the
						surrounding
						environment
						(psychosocia
						l theory).
						Children's
						social and
						emotional
						development
						is also
						obtained not
						only from
						the maturity
						process, but
						also from
						learning
						opportunities
						and
						responses
						from their
						environment
12	Single mother	Purwakarta	20	Quantitative	Surveys	There are 3
	parenting and		single	research		parenting
	early childhood		mother			patterns used
	emotional		S			by 20 single
	development,					mothers,

	Fitri					namely
	Sulistyowati,					democratic
	Finita Dewi,					parenting,
	Jojor Renta					authoritarian
	Maranatha,					parenting
	2022.					and
						permissive
						parenting.
13	Parenting	PAUD		Qualitative	Interviews,	The
.	Patterns in	Sultan		Research	observations	dominant
	Developing	Qaimuddin			and	parenting
	Social	Kendari			documentati	style applied
	Emotional				on	by parents is
	Aspects of					democratic
	Children Aged					parenting.
	5-6 Years, Muh					However, in
	Shaleh, 2023.					practice,
	,					parents
						always
						combine
						authoritarian
						parenting,
						democratic
						parenting
						and
						pessimistic
						parenting in
						developing
						aspects of
						children's
						development
14	Single parent	Biruni	3	Descriptive	Observation	The
.	parenting style	Kindergart	childre	Qualitative	, interviews	parenting
	in forming the	en,	n	Research	and	styles that
	independence of	Pekanbaru			documentati	single
	children aged 5-	City,			on	mothers use
	6 years, Lola					in forming
	Irhas, 2023.					children's
						independenc
						e are
						different,
						some use

					and authoritarian parenting patterns, for single mothers who use democratic parenting patterns are able to form children's independenc e well, while for single mothers who use authoritarian parenting styles they lack independenc e. well.
Parenting patterns of single parents, Rizka Fibria Nugrahani and Wulan Charisma Fitri, 2023.	Purwodadi Donomuly o Village, Malang	subject s were single parents	Phenomenolog ical Qualitative Research	Observation , interviews and documentati on	Single parents use various kinds of parenting styles to teach children to be disciplined, independent and use advice and self- approach to have closeness to their children.

16	Single Mom and	Central	4	Descriptive	Observation	Single moms
	Single Dad	Lombok,	childre		, interviews	tend to use
	_			qualitative research		democratic
	Parenting	NTB	n aged	research	and	
	Patterns on		5-6		documentati	parenting,
	Children's Social		years		on	authoritarian
	Emotional					parenting
	Development,					and single
	Solatiyah					dads who
	Asriyani,					apply
	Nurhusni Kamil,					permissive
	Anda Maryani					and Laissez
	Aina Yulifaatun					Faire
	Mufida, and					parenting.
	Raden Rachmy					This
	Diana, 2023					parenting
	·					style has an
						impact on
						children's
						social
						emotional
						development
						de veropinent
						Authoritaria
						n parenting
						makes
						children
						difficult to
						get along
						with and
						moody.
						Permissive
						parenting
						makes
						children less
						obedient,
						willing to
						win on their
						own,
						aggressive,
						less
						responsible
						and
						unwilling to

						give in. Laissez Faire parenting tends to make children more aggressive and have less concentratio n.
177	Single Parent Parenting Patterns in Developing Children's Morality in Marga Mulya Village, Rambah Samo District, Rokan Hulu Regency, Laila Lathifatul Mudrikah, 2019.	Marga Mulya Village, Rambah Samo District, Rokan Hulu Regency	5 single mother s	Qualitative descriptive research	Observation , interviews and documentati on.	Single mothers apply parenting patterns that lead to permissive and authoritative parenting patterns in educating their children by seeking more security in caring for, educating and supervising children because of their busy lives as single mothers who hold two positions as the backbone of the family

18 Single Parent Parenting Patterns on Emotional Regulation of Children Aged 4-5 Years, Ade Purwati, Ruli Hafidah, Adriani Rahma Pudyaningtyas, 2020. Single Monther S Qualitative research observations and documentati on mothers tend to use in parenting, namely democratic and authoritarian patterns. In a democratic parenting style, children have a high social spirit, are easy to manage and are able to manage emotions well. Meanwhile, authoritarian parenting makes it difficult for children to regulate their emotions							and mother
Single Parent							
18 Single Parent Parenting Patterns on Emotional Regulation of Children Aged 4-5 Years, Ade Purwati, Ruli Hafidah, Adriani Rahma Pudyaningtyas, 2020. 2020. There are two parenting patterns that single mother s observations and documentati on single mothers tend to use in parenting, namely democratic and authoritarian patterns. In a democratic parenting style, children have a high social spirit, are easy to manage and are able to manage emotions well. Meanwhile, authoritarian parenting makes it difficult for children to regulate their emotions							
Parenting Patterns on Emotional Regulation of Children Aged 4-5 Years, Ade Purwati, Ruli Hafidah, Adriani Rahma Pudyaningtyas, 2020. Parenting mother s research documentati on parenting patterns that single mothers tend to use in parenting, namely democratic and authoritarian patterns. In a democratic parenting style, children have a high social spirit, are easy to manage and are able to manage emotions well. Meanwhile, authoritarian parenting makes it difficult for children to regulate their emotions	18	Single Parent	Not	3	Oualitative	Interviews	
Patterns on Emotional Regulation of Children Aged 4-5 Years, Ade Purwati, Ruli Hafidah, Adriani Rahma Pudyaningtyas, 2020. Date of the control of the contr		•		_	=		
Emotional Regulation of Children Aged 4-5 Years, Ade Purwati, Ruli Hafidah, Adriani Rahma Pudyaningtyas, 2020. 2020. S S S S S S S S S S S S S	'	•	mentioned		researen		
Regulation of Children Aged 4-5 Years, Ade Purwati, Ruli Hafidah, Adriani Rahma Pudyaningtyas, 2020. 2020. Single mothers tend to use in parenting, namely democratic and authoritarian patterns. In a democratic parenting style, children have a high social spirit, are easy to manage and are able to manage emotions well. Meanwhile, authoritarian parenting makes it difficult for children to regulate their emotions							-
Children Aged 4-5 Years, Ade Purwati, Ruli Hafidah, Adriani Rahma Pudyaningtyas, 2020. 2020. mothers tend to use in parenting, namely democratic and authoritarian patterns. In a democratic parenting style, children have a high social spirit, are easy to manage and are able to manage emotions well. Meanwhile, authoritarian parenting makes it difficult for children to regulate their emotions				3			-
4-5 Years, Ade Purwati, Ruli Hafidah, Adriani Rahma Pudyaningtyas, 2020. 2020. to use in parenting, namely democratic and authoritarian patterns. In a democratic parenting style, children have a high social spirit, are easy to manage and are able to manage emotions well. Meanwhile, authoritarian parenting makes it difficult for children to regulate their emotions		=				Oli	•
Purwati, Ruli Hafidah, Adriani Rahma Pudyaningtyas, 2020. authoritarian patterns. In a democratic parenting style, children have a high social spirit, are easy to manage and are able to manage emotions well. Meanwhile, authoritarian parenting makes it difficult for children to regulate their emotions		_					
Hafidah, Adriani Rahma Pudyaningtyas, 2020. authoritarian patterns. In a democratic parenting style, children have a high social spirit, are easy to manage and are able to manage emotions well. Meanwhile, authoritarian parenting makes it difficult for children to regulate their emotions		*					
Rahma Pudyaningtyas, 2020. democratic and authoritarian patterns. In a democratic parenting style, children have a high social spirit, are easy to manage and are able to manage emotions well. Meanwhile, authoritarian parenting makes it difficult for children to regulate their emotions							
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are able to manage emotions well. Meanwhile, authoritarian parenting makes it difficult for children to regulate their emotions							<u> </u>
manage emotions well. Meanwhile, authoritarian parenting makes it difficult for children to regulate their emotions							_
emotions well. Meanwhile, authoritarian parenting makes it difficult for children to regulate their emotions							are able to
well. Meanwhile, authoritarian parenting makes it difficult for children to regulate their emotions							=
Meanwhile, authoritarian parenting makes it difficult for children to regulate their emotions							emotions
authoritarian parenting makes it difficult for children to regulate their emotions							well.
parenting makes it difficult for children to regulate their emotions							
makes it difficult for children to regulate their emotions							authoritarian
difficult for children to regulate their emotions							parenting
children to regulate their emotions							
regulate their emotions							difficult for
emotions							children to
							regulate their
							emotions
and tends to							and tends to
rebel.							rebel.
19 Problems of Uteun The Qualitative Interviews There are	19	Problems of	Uteun	The	Qualitative	Interviews	There are
. Single Parent Geulilngga number research and two		Single Parent	Geulilngga	number	research	and	two
Care in ng village, of observations problems in		Care in	ng village,	of		observations	problems in
Religious Moral Dewantara subject single parent		Religious Moral	Dewantara	subject			single parent
Education for sub-s was parenting,		Education for	sub-	s was			parenting,

	Children in the	district,	not			namely
	Family, Suci	North	stated			socio-
	Aulia Sari, Puji	Aceh				economic
	Yanti Fauziah,	district				problems
	Elfiadi, 2023.					and internal
	2111441, 2020.					problems in
						the family
						itself. Single
						parents are
						not an
						obstacle in
						providing
						care and
						teaching to
						children
						because
						good parents
						are parents
						who are able
						to provide
						time,
						attention and
						a good living
						for children
						so that moral
						education in
						the family
						can be
						achieved.
20	The Impact of	Mentari	The	Ovalitativa	Intonvious	Parental
	The Impact of Divorce on The	Kindergart	number	Qualitative research	Interviews, observations	relationships
•	Social	en	of	research	and	will
	Development of	Ambarawa			documentati	influence
	Children 5-6		subject			children's
	Years Old: Peter	in	s was		on	social and
			not			
	L. Berger's		stated			emotional
	Social					well-being.
	Construction					The impact
	Perspective,					of parental
	Rosi Tunas					divorce
	Karomah, Andri					makes
	Prasetyo, Siti					children
	Juleha, 2023.					have low

			self-esteem,
			are difficult
			to manage
			and have
			less
			controllable
			emotions.

5. Discussion

5.1 Single Parent Parenting on Children's Social Emotional Development

Based on the analysis above, it shows that the development of social emotions is determined by two factors, namely internal factors, namely human innateness and external factors, namely the surrounding environment. Children's social and emotional development is also obtained not only from the maturity process, but also from learning opportunities and responses from their environment (Fuadia, 2022). The environment closest to children is the family environment, parents are the child's closest environment in the process of social emotional development. The presence of parental separation (divorce) can affect children's psychology (Hasanah, 2020). This will affect the child's social emotional development, which is characterized by the child's lack of comfort when interacting with his father or mother. Especially seeing my father's condition when he found a new partner other than his mother. Children become less self-confident and lack understanding of responsibility for children and lack of understanding of prosocial attitudes for children (Fahira et al., 2023).

Another impact of parental divorce is that children have low self-esteem, are difficult to manage and have less controlled emotions (Karomah et al., 2023). Most children who are raised by single parents experience deviations in social emotional behavior such as low understanding of discipline, tolerance, and low levels of responsibility and respect for other people. Not yet able to share with friends, not yet enthusiastic about competence. Children's social emotional behavior will grow and develop normally through parental care in an intact family, so that there is no dual role for one parent (Rasmini, 2023). There are also problems in parenting faced by *single parents*, namely socio-economic problems which include aspects of providing a living, caring for children and child psychological observation. In this socio-economic problem, the majority of *single parents* only fulfill one aspect. If *a single parent's income* is sufficient then there is not much care and attention to the child's psychology noticed. On the other hand, if the child's care and psychology are fulfilled then the child's income will not be fulfilled (S. A. Sari et al., 2023).

5.2 Parenting Styles Used by Single Parents

There are several parenting styles that tend to be used and influence the social emotional development of early childhood. There is an influence of the parenting style used by parents on the child's social emotional development (Nafi'ah et al., 2023). Single parents use various kinds of parenting patterns to teach children to be disciplined, independent and to provide advice and self-approach to be close to their children (Nugrahani & Fitri, 2023). As the democratic parenting style used tends to make children easy to manage, disciplined and independent (Asriyani et al., 2023; Irhas, 2023; Mulyeni et al., 2023; Purwati et al., 2020;

Salsabila & Laili, 2022; Sulistyowati, 2022; Shaleh, 2023), while authoritarian parenting makes children difficult to manage, difficult to get along with and tend to rebel (Asriyani et al., 2023). Most of these parenting styles are also combined by single parents in providing care to children. Based on several articles above, more children are raised by single mothers than by single fathers. There are single mothers who apply parenting patterns that lead to permissive (giving freedom) and authoritative (democratic) parenting patterns in educating their children in a more secure way in caring for, educating and supervising children because they are busy as single mothers who hold two positions as backbone of the family and mother for her children (Mudrikah, 2020). This also affects the social emotional condition of mothers who have to carry out dual roles in caring for and providing support for children (Nugrahani & Fitri, 2023). There are children who are cared for by other family members because the father has returned to his family and the mother has gone to work abroad.

5.3 Actions and Communication Provided by Parents

Based on the article above, there are many single parents who use protective factors as a form of establishing a relationship with their children, discussing and inviting children to be involved in understanding the condition of their parents' separation (Eldasari & Diana, 2024). Children who grow up in these conditions make children understand more about the situation that occurs in their family and do not feel abandoned due to divorce. Even though the child loses the role of one of his family members, the child is able to develop well, be independent, able to play alone without being accompanied by parents (Kartila et al., 2022). Children are also taught character education through daily habits by parents even though they are in an incomplete family (Utami et al., 2023). Meanwhile, parents who do not take this action will make children experience a condition of less stable emotional control, moody, depressed. low self-esteem and so on. Apart from that, good communication is needed by the mother or father to the child verbally by giving advice and non-verbally by giving hugs as a form of getting closer to the child (A. Sari, 2015).

6. Conclusion, Implications, and Recommendations

Single parent parenting affects children's social and emotional development due to incomplete family conditions. Many parenting styles are carried out by parents in order to provide good care for children amidst the limited presence of complete parents.

Communication between father and mother is needed in parenting by inviting children to discuss, tell each other stories and express their opinions, which is a way for parents, both mother and father, to continue parenting, giving love and time to children amidst the limited presence of complete parents.

However, amidst the limitations of incomplete care provided by single mothers or single fathers, care is still carried out to fulfill children's social and emotional development.

An in-depth analysis of children's social emotional development in the school or community environment is needed by analyzing the fulfillment of children's rights in care, learning, affection and children's health for further research.

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